Goal Cards Description for Parents:

* As you may have noticed during visits with the Peds Complex Care Program, we have been asking our patients and families about what **goals** they have.
* We are asking about goals to make sure we are all **focusing our efforts** on actions that are **meaningful to you and your child**.
* Sometimes the question about goals can be **challenging**! We are trying out a new tool called **“goal cards”** to help.
* Goal cards are intended to **spark ideas** for goals for your child that you might not have thought about before. We hope these goals cards are easy to use, helpful, and fun!
* If we are seeing your child at an in-person clinic visit we will have decks of cards to look through. If we are seeing your child via a telemedicine visit we can look at them on the internet.
* You can check out the goal cards online.
	+ The English version can be found here: <https://go.wisc.edu/61snzj>
	+ The Spanish version can be found here: <https://go.wisc.edu/70436w>

General Goal Cards Description:

In order to provide patient- and family-centered care, the Pediatric Complex Care Program always asks our patients and families about what goals they have during our routine clinic visits. Sometimes this question can be challenging! To ensure that we are all focusing our efforts on goals that are meaningful to our patients and families and impactable by our team we have started using “goal cards.” Goal cards have pictures, images, and phrases that are intended to spark ideas about goals. Families are encouraged to review them online in advance of the visit and/or look through the actual cards during an in-person clinic visit. Once a family identifies a few goals we write them down using a loose version of the “SMART” (specific, measurable, achievable, realistic, and time-bound) format. Then we create “to-do” lists for Peds Complex Care team members and the patient/family that contain items that facilitate goal achievement. The goals and “to-do” list go into the child’s Shared Plan of Care, and we review progress toward the goals at our next clinic visit.

The goal cards can be accessed through these links:

* + English version: <https://go.wisc.edu/61snzj>
	+ Spanish version: <https://go.wisc.edu/70436w>